

# What does autism look like in teenagers?

## Evening Q&A sessions

For parents and carers of young autistic people aged 10 to 16.

Get together with other parents to share experiences and ask any questions you have to our experienced team. We will discuss topics such as; understanding autism in teenagers, women and girls, self-esteem, stress and anxiety, puberty and planning for the future.

Join from the comfort of you home on Zoom

**Tues 17th Jan 7-8.30pm**

**Wed 15<sup>th</sup> Feb 7-8.30pm**

**Tues 14<sup>th</sup> Mar 7-8.30pm**

**Book your Free place now by visiting:**

<https://www.eventbrite.co.uk/e/what-does-autism-look-like-in-teenagers-tickets-393086992777>

### Information and support

Get free resources and advice on a wide range of issues affecting autistic people and their families.

**Visit:**

[www.autismgm.org.uk](http://www.autismgm.org.uk)

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