## Bolton NHS Foundation Trust Sensory Awareness Training Session

## Via MS Teams – FREE open to parents, carers and professionals

**Dates:** 10<sup>th</sup> Jan, 1<sup>st</sup> March, 10<sup>th</sup> May, or 2<sup>nd</sup> August 2022 **Times:** 9.30am, 12.30pm and 4pm (each session is 90 minutes)

There will be one Twilight session at 6pm on 2<sup>nd</sup> August.

Please email <u>bsps.referrals@boltonft.nhs.uk</u> to request a place on one of the above sessions.

The Sensory Awareness session will:

- Help you better understand the senses and how we process information from our senses.
- Introduce you to what sensory issues look like in a child or young person's behaviour and engagement and
- Give you some ideas on how to support your child or young people's sensory needs at home and school.

This is a trial service so places are limited and we will need a good spread of representation to ensure that we get feedback from all the relevant groups to progress the training in the future.

